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| OUTDOORTECH |  |
| CEVILOGO%20schwarz | Logo_outdoortech03 |

**Packing list**

## Garments

* **Jacket** for any weather (We are always outside**)**
* **Rain cover with trousers**
* **Trousers** (old overtrousers e.g. from the Landi have proven themselves for building)
* **T-Shirts/ Pullover** (it can get quite cold in summer!)
* Jungschi/ Pfadi-Hemmli with tie
* **Underwear**
* **Socks**
* **Pyjamas / Trainers**
* **Bathing trunks / Bathing dress**
* **Hat**
* **Belt** (actually always practical for pioneer technology**)**
* **At least 2 pairs of good shoes** (1 pair hiking boots)

## Staying overnight

* **Sleeping bag**
* **Insulating mat**
* **Bivouac bag\***
* **Torch**

## Personal information

* **Introductory sheet**
* **Insect repellent**
* **Suncream**
* **Toothbrush**
* **Shower gel** (since we wash in a brook, preferably a biodegradable one)
* **Bath towel**
* **Writing things**
* **Drinking bottle**
* Personal medication
* **Completed emergency sheet**
* Camera
* Emergency package
* **Sunglasses**
* **Small daypack**
* **(Lunch for Monday noon**)

## Pioneering technology

* **Pocket knife**
* Jungschibüechli/ Kennen und Können
* Outdoortech Büechli "Rope Technique"
* **Double meter**
* **2 pairs of garden gloves** (Sam's tip are Showa gloves from the Landi)
* **Climbing harness/ Gstältli\*** with karabiner
* **Helmet\* with chinstrap** (available in every DIY store)

\* See also Camp information 🡪material rentals

Please write your things down! Especially with gloves, double meters and climbing harness, karabiners there is always confusion!

You should have the **bold** printed items with you, the others are recommendations.

A large backpack is best suited for transport! (Sports bags are not very suitable from experience).